



Chicago Youth Programs, Inc!
5350 S. Prairie
Chicago, IL 60615
Phone: (773)924-0220
Fax: (773)565-0222
www.chicagoyouthprograms.org

Parent Manual

A Guide to Support Parents and Youth in Near North/Cabrini Green, Uptown/Rogers Park and Washington Park

*Chicago Youth Programs, Inc. seeks to improve the life opportunities
for low-income, inner-city youth of all ages through
comprehensive, long-term programming.*

Chicago Youth Programs Overview

In this manual, you will find information about programs in your community, CYP's attendance policy, expectations of your child, and expectations of you as well as ways for you to get involved in CYP's programs.

History

Chicago Youth Programs, Inc! (CYP) is an award-winning, innovative program created by Northwestern University medical students in 1984. CYP currently offers services in three under-served communities: Near North/ Cabrini Green, Washington Park, and Uptown. The Cabrini Green Youth Program (CGYP) started in 1984, the Washington Park Youth Program (WPYP) was founded in 1995, and the Uptown Community Youth Program (UCYP) began in 1998.

Purpose

Chicago Youth Programs, Inc. (CYP) recognizes that there are many obstacles to inner-city children's social, cognitive, emotional, and physical growth. Individuals overcome these challenges through exposure to positive opportunities. A child's success in life is directly correlated with their living environment and their access to services. While a child's living environment cannot necessarily be altered, his/her access to services can increase.

CYP therefore serves inner-city youth that do not have access to social services due to location, poverty, or availability. CYP strives to improve the life opportunities of at-risk youth through a comprehensive approach aimed at developing their overall capabilities. CYP serves children long-term to ensure consistent and positive role modeling and includes: Education, Mentoring, Recreation, Preventative Health Care, College Prep, Scholarship Support and Career Assistance.

CYP services are provided without regard to age, handicap, race, color, creed, religion, sex or national origin. CYP services are provided without any requirement for legal residence.

Approach

- **Comprehensive Programming**
Over 500 volunteers staff 46 innovative programs which provide role models, one-on-one tutoring, arts and cultural activities, career guidance, pre-school activities, Parent Club activities, recreational opportunities, and quality health care.
- **Health Combined with Human Services**
CYP provides a free health clinic through Children's Memorial Hospital and the Washington Park Children's Free Health Clinic staffed by volunteer physicians and medical students from Northwestern University and the University of Chicago. CYP stresses the importance of providing holistic services.
- **Long-Term Measurable Outcomes**
CYP enrolls youth as early as pre-school and provides programs to keep them engaged in activities throughout childhood and adolescence. CYP monitors long-term outcomes on each participant including school completion, teen birth rates, criminal conviction, and placement into higher education.
- **Efficiency**
CYP keeps overhead and administrative costs to a minimum by utilizing volunteers and donated space. CYP relies heavily on the skills and leadership of its volunteers to run effective programs. CYP has also never paid for program space aside from our community center in Washington Park which was built with 80% donations of time and materials. This ensures that all funds are channeled directly to programming.

Expectations of Parents

Parents must work with Chicago Youth Programs and the Program Directors in order for children to gain the most from the program.

Specific parent responsibilities:

- 1) **Attend orientation/registration in the fall. Children will not be admitted to program until parents have attended an orientation session and submitted all paperwork.**
- 2) Contact the Program Director at least one day in advance, if your child will be absent.
- 3) Update the Program Director immediately if your phone number or address changes.
- 4) Discuss program rules with your children so that they know what is expected of them, and what to expect of the program.
- 5) Work with the Program Director and volunteer on discipline issues, so that interventions are consistent. Parents should not contradict CYP rules.
- 6) Discuss any problems or concerns directly with the Program Director so that they can be resolved.
- 7) Reinforce positive attitudes and behaviors taught by CYP.
- 8) Notify the Program Director of any changes (physical or emotional) that your child may be experiencing. We must be aware of any medical problems your child might have.
- 9) Make sure your child is on time for CYP busses or vans or to program if she walks.
- 10) In order to safeguard your child's health and well-being, CYP staff and volunteers are mandatory reporters of child abuse, neglect, assault, or victimization to DCFS or the appropriate authorities.

PARENT SIGNATURE: _____

Date: _____

Expectations of Parents

Parents must work with Chicago Youth Programs and the Program Directors in order for children to gain the most from the program.

Specific parent responsibilities:

- 1) Attend orientation/registration in the fall. Children will not be admitted to program until parents have attended an orientation session and submitted all paperwork.**
- 2) Contact the Program Director at least one day in advance, if your child will be absent.
- 3) Update the Program Director immediately if your phone number or address changes.
- 4) Discuss program rules with your children so that they know what is expected of them, and what to expect of the program.
- 5) Work with the Program Director and volunteer on discipline issues, so that interventions are consistent. Parents should not contradict CYP rules.
- 6) Discuss any problems or concerns directly with the Program Director so that they can be resolved.
- 7) Reinforce positive attitudes and behaviors taught by CYP.
- 8) Notify the Program Director of any changes (physical or emotional) that your child may be experiencing. We must be aware of any medical problems your child might have.
- 9) Make sure your child is on time for CYP busses or vans or to program if she walks.
- 10) In order to safeguard your child's health and well-being, CYP staff and volunteers are mandatory reporters of child abuse, neglect, assault, or victimization to DCFS or the appropriate authorities.

Expectations of Youth Participants

Attitude and Respect

- Youth are expected to come to programs with positive attitudes. Bad attitudes and behavior are unacceptable and will result in disciplinary action.
- Youth are to show respect to volunteers, fellow youth and staff of CYP. If a youth feels that she/he has been disrespected (verbally or physically), please speak with the Program Director or VPC in your community.
- Youth are to show respect to the space utilized for programs, as well as the people sharing this space.
- Swearing and obscene language is unacceptable and will not be tolerated.

Attendance

Youth must attend educational programs (tutoring) every week. In the event that your child cannot attend tutoring sessions, it is the responsibility of the parent to contact the Program Director. Youth will only be excused if the Program Director has received a phone call prior to the specific program. We must be able to notify volunteers if a youth will be absent. Examples of an excused absence include illness, family emergency, and prior plans. Unexcused absences may result in your child being unable to participate in Chicago Youth Programs. Please treat Chicago Youth Programs as you would treat your child's school. Please call if your child cannot attend program.

We have many children on the and spots are reserved for students who attend regularly.

Facilities

- Youth are expected to respect their environment both at the Chicago Youth Programs site and in donated space. We operate in mostly donated space and will lose privileges if the space is loud or misused.
- Youth are to walk indoors. No running is permitted at any time unless it is a structured activity.
- Youth may not use the vending machines, nor bring food & beverages to program (snacks are always provided).
- Youth must be accompanied by adults outside of the tutoring program area at all times (bathroom breaks, water breaks).
- Under no circumstances may youth ever bring any type of weapon (including fake weapons) to any program.

STUDENT SIGNATURE: _____

Date: _____

Expectations of Youth Participants

Attitude and Respect

- Youth are expected to come to programs with positive attitudes. Bad attitudes and behavior are unacceptable and will result in disciplinary action.
- Youth are to show respect to volunteers, fellow youth and staff of CYP. If a youth feels that she/he has been disrespected (verbally or physically), please speak with the Program Director or VPC in your community.
- Youth are to show respect to the space utilized for programs, as well as the people sharing this space.
- Swearing and obscene language is unacceptable and will not be tolerated.

Attendance

Youth must attend educational programs (tutoring) every week. In the event that your child cannot attend tutoring sessions, it is the responsibility of the parent to contact the Program Director. Youth will only be excused if the Program Director has received a phone call prior to the specific program. We must be able to notify volunteers if a youth will be absent. Examples of an excused absence include illness, family emergency, and prior plans. Unexcused absences may result in your child being unable to participate in Chicago Youth Programs. Please treat Chicago Youth Programs as you would treat your child's school. Please call if your child cannot attend program.

We have many children on the and spots are reserved for students who attend regularly.

Facilities

- Youth are expected to respect their environment both at the Chicago Youth Programs site and in donated space. We operate in mostly donated space and will lose privileges if the space is loud or misused.
- Youth are to walk indoors. No running is permitted at any time unless it is a structured activity.
- Youth may not use the vending machines, nor bring food & beverages to program (snacks are always provided).
- Youth must be accompanied by adults outside of the tutoring program area at all times (bathroom breaks, water breaks).
- Under no circumstances may youth ever bring any type of weapon (including fake weapons) to any program.

Discipline and Attendance Guidelines

Our goal is to teach a student to make good decisions and to control their behavior. This is really difficult for some children. It is our job, as adults, to remain calm and to help children learn internal control. Each child is unique and different approaches will work for different children.

Work with your child, his/her tutor, and the Program Director to best address behavioral concerns. If a child is acting inappropriately, the discipline procedure is as follows:

- First: One verbal warning is given**
- Second: A written warning (write-up) is given**
- Third: After two write-ups, the parent will be contacted for a parent meeting in order for the child to return to CYP. At the discretion of the Program Director, additional disciplinary actions may take place (i.e. community service, written assignments, etc.).**
- Fourth: Reflection Period**

Reflection Periods

A reflection period occurs when a child needs time away from the program to reflect on the expectations that CYP has set, time to process their feelings and to develop a positive plan of action upon their return to CYP.

Reflection Periods are at least one week (or longer) and during this time your child would not be allowed to attend *any* programs. Reflection Periods will be given when necessary and will be dealt with on an individual basis.

Extreme misbehavior (i.e. physical fights, cursing out of adults, etc.) may result in an immediate reflection period causing youth to sit out an unspecified number weeks from all programs. What constitutes extreme misbehavior is at the discretion of the Program Director. The Program Director will contact a child's parents to discuss such Reflection Periods and options to help improve the child's behavior.

Attendance

Youth must attend educational programs (tutoring) every week. In the event that your child cannot attend tutoring sessions, it is the responsibility of the parent to contact the Program Director. Youth will only be excused if the Program Director has received a phone call prior to the specific program. We must be able to notify volunteers if a youth will be absent. Examples of an excused absence include illness, family emergency, and prior plans. Unexcused absences may result in your child being unable to participate in Chicago Youth Programs. Please treat Chicago Youth Programs as you would treat your child's school. Please call if your child cannot attend program.

We have many children on the and spots are reserved for students who attend regularly.

Annual Calendar

September

Parent Registration

Chicago Public Schools begin

October

Youth who have met attendance requirements complete Christmas letters

November

Parent Night at educational programs (depends on program)/ Report cards—1st quarter

Season of Hope decorations

December

Holiday gifts distributed

Winter Break – Programs recess

January

Programs resume/ Report cards—2nd Quarter

March

Spring Break – Special programs- TBA

April

Report cards—3rd quarter

School programs end (Uptown)

May

End-of-Year Celebration

School programs end (Cabrini)

June

CPS school year ends

School programs end (Washington Park)

July

Summer Programs begin (TBA)

August

Summer programs end

Parent Enrollment Meeting

Program Descriptions

SCHOOL YEAR PROGRAMS

NEAR NORTH/ CABRINI GREEN YOUTH PROGRAM SCHEDULE

Northwestern Law School Chicago - 375 East Chicago Avenue & Youth Programs 5350 South Prairie

Teen Tutoring (7th – 9th grades)

- *Teen Tutoring* provides one-on-one educational assistance to youth in the 7th-9th grades. Teen Tutoring focus on establishing healthy relationships between tutors and tutees. Tutors will provide assistance with school & homework mainly focusing on the tutees' weaker subject areas. Also, they'll teach academic concepts according to tutee's grade level. The same volunteer always tutor the same child in order to form a positive and trustworthy relationship. **Sessions are conducted at Northwestern Law School during the times of 6PM to 7:30PM.**

6:00-7:30 pm: Northwestern Law School 375 E. Chicago Avenue & NWU Medical School

- **Read to Me (3-6 years old)**

Read to Me pairs children with an adult mentor to form a one-on-one reading and learning relationship. The main focus is literacy and phonics. The goal is for children to enter first & second grade with the reading skills necessary for subsequent educational success.

- **S.C.O.R.E. I, II, and III (1st-6th grades)**

S.C.O.R.E. provides one-on-one educational assistance to youth in the 1st through 6th grades. *S.C.O.R.E.* focus on establishing healthy relationships between tutors and tutees. Tutors will provide assistance with school & homework mainly focusing on the tutees' weaker subject areas. Also, they'll teach academic concepts according to tutee's grade level. The same volunteer always tutor the same child in order to form a positive and trustworthy relationship. Also, *S.C.O.R.E. I* (1st & 2nd grade) will also focus on literacy & phonics.

- **Teen Career (9th-12th grades)**

This program provides one-on-one educational assistance to youth in high school. Teen Career focuses on career exploration and higher education assistance by utilizing tutors and an array of ACT preparatory lessons, college/trade school speakers, and application assistance to college/trade school. Sessions are conducted at Northwestern Medical School.

Chicago Youth Programs 5350 South Prairie

- **Children Teaching Children (CTC) (9th-12th grades)**

CTC is a peer led preventative health program. Throughout CTC, teen mentors identify pressing health issues in their neighborhoods, research and design large-scale games or songs or videos to utilize while teaching younger CYP youth. The program provides job skills training to teen mentors as well as bolsters their health knowledge. Adult volunteers offer guidance during design and teaching and provide technical support.

- **Recreation:**

Youth will be able to learn the fundamentals of group games and build self-discipline and teamwork skills. Mentors will help these teens learn valuable life lessons through recreation. Pilates, yoga, and hip hop dance classes will also be held during this time slot challenging youth to improve their aerobic activities with enjoyable, current activities.

- **Saturday Dreams**

Saturday Dreams provides a "Window on the World" for children in grades 1st through 6th. Children engage in various appropriate recreational activities such as sports, arts & crafts, health lessons, and games. Further, each group participates in one outing per month in and around Chicago. While primarily a recreational program, *Saturday Dreams* also provides the opportunity for volunteers to develop positive, supportive mentoring relationships. This group meets the first three Saturdays of the month.

- **Teen Exodus (7th-12th grades) (11:00pm-2:00pm – times vary depending on activity)**
This is a mentoring program in conjunction with the Junior Women League of Chicago that teaches life skills to teenage girls while exposing them to the world. They are paired with adults while attending educational and recreational field trips. Sessions are conducted on Saturdays. Dates TBA.

- **P.R.E.P. (3-7 year olds)**
P.R.E.P. stands for Parent Run Evening Pre-School. The main focus is literacy and phonics. The goal is for children to enter first & second grade with the reading skills necessary for subsequent educational success.

UPTOWN COMMUNITY YOUTH PROGRAMS

- **Read to Me (3-6 year olds) 6:00-7:30pm:** Loyola University of Chicago, Lakeshore Campus-6525 N. Sheridan
Read to Me pairs children with an adult mentor in a one-on-one reading and learning relationship. *Read to Me* seeks to give youngsters the exciting and much needed introduction to written material. Children will enter first grade with the skills necessary for subsequent educational success.
 - **SCORE I, II, and III (1st-6th grades) 6:00-7:30pm:** Loyola University of Chicago, 6525 N. Sheridan
SCORE Tutoring provides one-on-one assistance to children in 1st through 6th grades. *SCORE Tutoring* focuses on establishing healthy relationships between tutors and tutees and empowering tutors to teach concepts critical to youth's long-term outcomes. The same volunteer always tutors the same child in order to form a positive and trustworthy relationship.
- Teen Career (10th-12th grades) 6:00-7:30pm**
Teen Career provides one-on-one educational assistance to youth in high school. *Teen Career* focuses on career exploration and higher education assistance by utilizing tutors and an array of ACT preparatory lessons, college/trade school speakers, and application assistance to college/trade school.
- **Teen Tutoring (7th-9th grades)**
Teen Tutoring provides one-on-one educational assistance to youth in 7th-9th grade. Teen Tutoring focuses on establishing healthy relationships between tutors and tutees and empowering tutors to teach concepts critical to youth's long term outcomes. The same volunteer always tutors the same child in order to form a positive and trustworthy relationship.
 - **Children Teaching Children (CTC) (9th-12th grades)**
CTC is a peer led preventative health program. Throughout CTC, teen mentors identify pressing health issues in their neighborhoods, research and design large-scale games or songs or videos to utilize while teaching younger CYP youth. The program provides job skills training to teen mentors as well as bolsters their health knowledge. Adult volunteers offer guidance during design and teaching and provide technical support.
 - **Recreation:)**
Youth will be able to learn the fundamentals of group games and build self-discipline and teamwork skills. Mentors will help these teens learn valuable life lessons through recreation. Pilates, yoga, and hip hop dance classes will also be held during this time slot challenging youth to improve their aerobic activities with enjoyable, current activities.
 - **Saturday Dreams (1st-6th)** Location varies.
Saturday Dreams provides a "window on the world" for children aged 3 through 15. Children are divided into groups based on sex and age and engage in various appropriate recreational activities such as field trips, sports, arts & crafts, health lessons, and games. While primarily a recreational activity, *Saturday Dreams* also provides the opportunity for volunteers to develop positive, supportive mentoring relationships with youth.
 - **Teen Exodus (times vary depending on activity)**
This is a mentoring program that teaches life skills to teenage girls while exposing them to the world. They are paired with adult mentors that provide guidance, prepare lessons and take them on educational and recreational field trips. This group meets the first and third Saturday of each month (this schedule changes).

WASHINGTON PARK YOUTH PROGRAM SCHEDULE

- **PREP (3-6 year olds) 4:30-6:30pm:** CYP Headquarters 5350 S. Prairie
This is a parent-run educational program that gives children a head start in their literary lives. Children will enter first grade with the skills necessary for subsequent educational success.
- **Teen Tutoring (7th-8th grades) 5-6:30pm:**
Teen Tutoring provides one-on-one educational assistance to youth in 7th-9th grade. Teen Tutoring focuses on establishing healthy relationships between tutors and tutees and empowering tutors to teach concepts critical to youth's long-term outcomes. The same volunteer always tutors the same child in order to form a positive and trustworthy relationship.
- **Score I, II, and III (1st-6th grades) 5-6:30pm** University of Chicago, SSA Building 969 E. 60th
Score Tutoring provides one-on-one assistance to children in 1st through 6th grades. Score Tutoring focuses on establishing healthy relationships between tutors and tutees and empowering tutors to teach concepts critical to youth's long-term outcomes. The same volunteer always tutors the same child in order to form a positive and trustworthy relationship.
- **Teen Career (10th-12th grades) 6:00-7:30pm** CYP Headquarters 5350 S. Prairie
This program provides one-on-one educational assistance to youth in high school. Teen Career focuses on career exploration and higher education assistance by utilizing tutors and an array of ACT preparatory lessons, college/trade school speakers, and application assistance to college/trade school.
- **Read to Me (3-6 years old)**
Read to Me pairs children with an adult mentor in a one-on-one reading and learning relationship. Read to Me seeks to give youngsters the exciting and much needed introduction to written material. This is a preventative program since it gives children a head start in their literary lives. Children will enter first grade with the skills necessary for subsequent educational success.
- **Score I, II, and III (1st-6th grades) 5-6:30pm** University of Chicago, SSA Building 969 E. 60th
Score Tutoring provides one-on-one assistance to children in 1st through 6th grades. Score Tutoring focuses on establishing healthy relationships between tutors and tutees and empowering tutors to teach concepts critical to youth's long-term outcomes. The same volunteer always tutors the same child in order to form a positive and trustworthy relationship.
- **Children Teaching Children (CTC) (9th-12th grades)**
CTC is a peer led preventative health program. Throughout CTC, teen mentors identify pressing health issues in their neighborhoods, research and design large-scale games or songs or videos to utilize while teaching younger CYP youth. The program provides job skills training to teen mentors as well as bolsters their health knowledge. Adult volunteers offer guidance during design and teaching and provide technical support.
- **Recreation:**
Youth will be able to learn the fundamentals of group games and build self-discipline and teamwork skills. Mentors will help these teens learn valuable life lessons through recreation. Pilates, yoga, and hip hop dance classes will also be held during this time slot challenging youth to improve their aerobic activities with enjoyable, current activities.
- **PREP (3-6 year olds) 4:30-6:30pm:** CYP Headquarters 5350 S. Prairie
This is a parent-run educational program that gives children a head start in their literary lives. Children will enter first grade with the skills necessary for subsequent educational success.

- **Saturday Dreams (1st-9th grades)**
Saturday Dreams provides a “Window on the World” for children aged seven through fourteen. Children are divided into groups based on age and they engage in various appropriate recreational activities such as sports, arts & crafts, health lessons, and games. Further, each group participates in two outings per month in and around Chicago. While primarily a recreational program, Saturday Dreams also provides the opportunity for volunteers to develop positive, supportive mentoring relationships. This group meets the first and third Saturday of each month.

- **Teen Exodus (7th-12th grades) (11:30pm-1:30pm – times vary depending on activity)**
This is a mentoring program that teaches life skills to teenage girls while exposing them to the world. The program is run with a joint partnership with the Chicago Junior League. They are paired with adult mentors that provide guidance, prepare lessons and take them on educational and recreational field trips.

SCHOLARSHIP

Ages: Post-high school graduation

Gender: Both

Goals:

- Provide financial assistance for higher education.
- Offer supplementary Study Skills Sessions.
- Aid youth in researching additional financial resources.
- Offer additional support to youth pursuing higher education as needed.

Project Description:

The CYP scholarship fund was established in 1992 to enable at-risk youth with few resources to attend higher education and training programs. After applying for all forms of financial aid, there is usually a balance, which would otherwise prevent the youth from attending school. The Scholarship Fund provides some of this balance to deserving youth.

Youth applying for a CYP scholarship must meet the following criteria for need-based funds.

- (1) CYP looks at youth's attendance rates and the number of years he/she has participated in the program.
- (2) CYP looks at youth's attitude regarding their future and respectfulness toward adults and volunteers.
- (3) Youth should show accountability through promptness in responses to requests for registration forms, grades, etc.
- (4) Finally, youth's school performance, in light of their potential and effort level, will be evaluated under achievement.

CLINIC

Ages: All

Gender: Both

Goals:

- Provide quality health care to inner-city youth.

Project Description:

On the Northside, started by Dr. Karen Sheehan in 1993, the CYP Clinic at Children's Memorial Hospital is run by volunteer Northwestern physicians and Northwestern University medical students. On the Southside, started by doctors and medical students in 1995, the Washington Park Children's Free Health Clinic at CYP is run by volunteer University of Chicago physicians and University of Chicago medical students. The Clinics provide comprehensive care to inner-city children and excellent training for the volunteer medical students.

The Clinics are available to all CYP youth. The clinic welcomes all youth 0-18 regardless of insurance status. If families do not have health insurance, they can be assisted in applying for the All Kids program, a state-wide public health insurance program for youth. Parents are needed at medical visits for health services, aside from those protected by state law, concerning sexual health and/or mental health needs of children.

Session Days, Times, and Places:

The Children's Memorial Clinic runs year-round on Tuesday evenings starting at 5:00pm. Transportation is provided. Appointments can be made by contacting Gail Broadkey at 773-880-8190. Current patients may call 773-880-8192 to contact a doctor.

The Washington Park Clinic runs year-round on Tuesday evenings from 5:30-7:30 pm. Appointments are not needed, however to attain free transportation, please call ahead. Walk-ins are also encouraged. The WP Clinic can be reached at 773-924-0220 ext. 110.

SUMMER PROGRAMS

Summer Reading Partners/ Book Clubs

Ages: 1st-9th grades

Gender: Both

Goals:

- Teach fundamental educational concepts.
- Provide positive role modeling.
- Assist children with schoolwork.
- Stress the importance of reading over the summertime.
- Provide a safe place for learning during the summer.
- Encourage and challenge children to read new books

Program Description:

Summer is often a good opportunity for children to improve their reading skills. This program is designed to encourage children to challenge themselves through reading. Children select a few books per week and win prizes at the end of the summer based on the number of books they successfully completed.

Session Days, Times, and Places:

To be determined.

Summer Read to Me

Ages: Pre-K - K

Gender: Both

Goals:

- Give youngsters a headstart in reading.
- Foster an interest in the written language.
- Improve youth's literacy.
- Provide a positive and nurturing environment.
- Improve youngsters' self-esteem and socialization skills.
- Enhance long-term school success.

Project Description:

Read to Me pairs children with an adult mentor in a one-on-one reading and learning relationship. *Read to Me* seeks to give youngsters the exciting and much needed introduction to written material. This is a preventative program since it gives children a head start in their literary lives. Children will enter first grade with the skills necessary for subsequent educational success.

Session Days, Times, and Places:

Summer Read to Me meets once a week during the summer as follows:

Summer Camp

Ages: pre-K – 9th grade

Gender: Both

Goals:

- Expose youth to fun summer recreational outings.
- build mentoring relationships with adult volunteers.

Program Description:

Similar to Saturday Dreams and Step Ahead, *Summer Dreams* aim to be a “window on the world” by exposing youth to fun recreational field trips during the summer. Field trips include hiking, water parks, and swimming at local pools.

Session Days, Times, and Places:

Summer Dreams meets once a month during the summer in each community.

Camp Wildcat

Ages: 3rd – 6th Grade

Gender: Both

Goals:

- Provide an opportunity for children to experience overnight camp.
- Promote teamwork and meeting new friends.
- Reward children for completing school year.
- Expose children to different recreational activities.

Project Description:

Each summer CYP partners with Camp Wildcat, a weekend camp run by Northwestern University medical students at Camp Hastings in northern Illinois. This is a fun opportunity for youth in all three CYP communities to spend a weekend away from home and to participate in constructive recreational activities.

Session Days, Times, and Places:

Camp Wildcat is usually on the first weekend in June.

College Boot Camp

Ages: First Year College and Trade School Students

Gender: Both

Goals:

- Help prepare students to thrive in a higher education setting
- Provide an opportunity to learn from college professors and staff.

Project Description:

The transition to college and trade school for inner-city youth is often a rough one. There are many questions to be answered before starting the new life of an independent college or trade school student. College Boot Camp focuses on key issues to help students prepare for and be successful in higher education.

Session Days, Times, and Places: *This program meets for a full day during the summer.*

College Employment and Internship Readiness

Ages: College and trade school students entering at least their second year

Gender: Both

Goals:

- Help prepare students to gain and maintain employment and internships.
- Provide an opportunity to learn hard skills from working professionals in a professional environment.

Project Description:

In collaboration with Saatchi and Saatchi X students participate in a program that provides them with job and internship readiness training. The program includes a full day of hands on learning designed to support young adults in developing the professional skills necessary to find, obtain, and keep a job. Students work with mentors to develop a polished resume or online presence and participate in a mock interview. Students stay connected with their mentors after the session for additional support.

Session Days, Times, and Places: *This program meets for a full day in the summer.*

How Parents Can Get Involved

Please Stephany Price, Director of Health Services at health@chicagoyouthprograms.org

Ways to Contact Us

Main Phone Number: (773) 924-0220

Joseph DiCara, M.D., M.P.H.
President and Founder
jdicara@chicagoyouthprograms.org

Kevin McNicholas
Chief Administrative Officer
kmcnicholas@chicagoyouthprograms.org

Monique Cook-Bey M.S Ed
Chief Program Officer
cpo@chicagoyouthprograms.org

Julie Strand
Development Director
jstrand@chicagoyouthprograms.org

Director – Near North/ Cabrini Green Youth Programs
cabrinigreen@chicagoyouthprograms.org

Audrie Mobley
Washington Park Director
washingtonpark@chicagoyouthprograms.org

Alfredia Little
Assistant to the Director – Washington Park
alittle@chicagoyouthprograms.org

Shariee Mobley
Program Assistant- Uptown Youth Programs
uptown@chicagoyouthprograms.org

Lauren Meeks M.A
Director of Higher Education & Scholarship Programs
higher_ed@chicagoyouthprograms.org

Stephany Price
Director of Health Services
health@chicagoyouthprograms.org